

Family Support

Safe, nurturing care for your little ones
with Tots and Tails - Brighton



TOTS AND TAILS
BRIGHTON

What's Included

- Flexible support for families needing an extra helping hand
- Light household tasks such as tidying, laundry, meal prep, and organisation
- Running errands (shopping, school runs, pick-ups/drop-offs)
- Support for parents with newborns or young children (feeding help, nap routines, settling)
- Home organisation and decluttering sessions to make daily life easier
- Play and supervision of children while parents focus on other tasks
- Short-term or regular assistance tailored to each family's needs
- Evening and weekend availability for added flexibility (subject to availability)
- Respectful, discreet, and non-judgemental support in your home
- Fully insured, Paediatric First Aid trained, and Enhanced DBS checked for peace of mind

Cost & Packages

Type of Service	Rate / Fee	Conditions & Notes
Standard Hourly Rate (Daytime, 08:00–18:00)	£16.00 / hour	Minimum 3-hour booking
Evening / Weekend Rate (after 18:00 or Sat/Sun)	£18.00 / hour	For out-of-hours support
Block Booking Packages	5%–10% discount	For 10+ hours weekly, agreed in advance
Organisation & Decluttering Sessions	£20.00 / hour	Specialist sessions for home organisation projects
Travel / Errand Time	£0.50 / mile beyond 5 miles of Brighton & Hove	Covers fuel & travel costs

✦ Example Pricing Scenarios

- A 3-hour daytime support session (e.g. errands, light house help, organising) → $3 \times \text{£}16 = \text{£}48$
- A 4-hour Saturday morning booking → $4 \times \text{£}18 = \text{£}72$
- A weekly 12-hour block (e.g. 3 × 4-hour sessions) → $\text{£}192 - 7\% \text{ discount} = \text{£}178.60$
- A 5-hour home organisation session → $5 \times \text{£}20 = \text{£}100$

📄 Terms & Conditions

- Minimum booking: 3 hours per session.
- Payment: 50% deposit at time of booking; balance due on the day.
- Cancellation: Free up to 48 hours before booking; less notice = 50% charge.
- Tasks covered: Light household help, errands, meal prep, organisation, family routines. (Not deep cleaning or heavy domestic work.)
- Block sessions: Must be pre-booked and paid for in advance to qualify for discounts.

How to Book

Get in touch – Contact me via phone, email, or the booking form on my website.

Initial consultation – We'll have a quick chat to discuss your needs and preferences.

Booking form – Complete a short form with key details about your child(ren) or pet(s).

Confirmation – Pay deposit (if required) and receive written booking confirmation.

Service day – Relax and enjoy peace of mind while I take care of everything.

Why Choose Tots & Tails

- **Professional qualifications** – BA in Childhood Studies, Paediatric First Aid, Enhanced DBS
- **Experienced** – 3+ years in emergency childcare, nurseries, and family homes
- **Flexible & reliable** – available for planned bookings or last-minute care
- **Warm & nurturing** – I adapt to each child's personality and routines
- **Creative play & learning** – from crafts and outdoor fun to homework support
- **Trusted by families** – safe, insured, and committed to children's wellbeing
- **Peace of mind** – clear communication and daily updates so you feel connected

FAQ'S

1. Are you fully qualified and checked?

Yes — I hold a BA in Childhood Studies, I'm Paediatric First Aid trained, and I have an Enhanced DBS check.

2. How many children can you care for at once?

I can look after the children of up to two families at the same time, depending on ages and needs.

3. Do you offer last-minute or emergency bookings?

Yes — I provide both pre-booked and emergency childcare (emergency bookings are via phone call only).

4. Will you follow our family routines?

Absolutely — I adapt to each family's routines, including meals, naps, school runs, and bedtime.

5. Are you insured?

Yes — I hold full public liability insurance for all childcare services.

Contact

I'd love to support you and your family – whether that's caring for your little ones, walking your dog, or helping on a special occasion.

Get in touch today to book your Family Support:

✉ **Email:** hello@totsandtailsbrighton.co.uk / totsandtailsbrighton@gmail.com

☎ **Phone:** 07418 641814

🌐 **Website:** www.totsandtailsbrighton.co.uk

📄 You can also complete the quick **booking enquiry form** on my website – I'll get back to you as soon as possible.

Follow along for updates & tips:

📷 Instagram: @totsandtailsbrighton

📘 Facebook: facebook.com/totsandtailsbrighton

🌟 *Book your Family Support today and enjoy peace of mind knowing your loved ones are in safe, caring hands.*

Mini Terms & Conditions

- Minimum booking: 3–4 hours depending on service.
- 50% deposit required for wedding chaperone or block bookings.
- Payment due at the end of each session (or before event care).
- Cancellations: 24 hours' notice required for standard childcare bookings.
- Wedding chaperone services: 7 days' notice required, deposits are non-refundable.
- Children cared for in line with Ofsted standards and safeguarding best practice.
- Clients must provide all necessary items (food, nappies, medication, routines).
- We reserve the right to withdraw services in cases of unsafe behaviour or withheld information.

Full Terms & Conditions are available on request or at www.totsandtailsbrighton.co.uk